

Thank You Volunteers



Thank You
to our
Coaches & Families
for your cooperation
and patience
throughout the
weekend.



Special Olympics
Massachusetts

Track and Field Program

Summer Games
2010

June 18th –20th
Harvard University Athletic Complex

Saturday Track Schedule

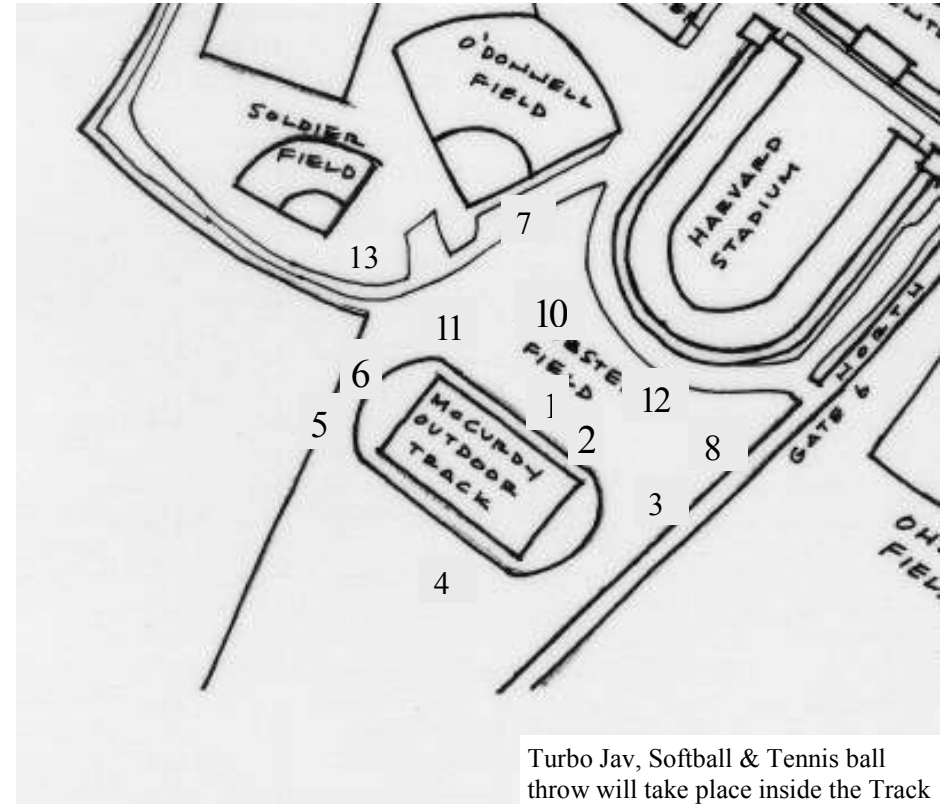
Time	Saturday Schedule
8:00 AM	3000M Run
8:30—12:00 AM	100M Wheelchair 30M Wheelchair Obstacle Course 10M Wheelchair 25M Wheelchair 50M Wheelchair 30M Wheelchair Slalom 10M Assisted Walk 25M Assisted Walk 25M Walk 50M Walk 50M Assisted Walk
8:30 AM	1500M Walk Running Long Jump (Ages 8-15)
8:45 AM	Softball Throw & Turbo Jav (Ages 16-21)
9:00 AM	1500M Run Running Long Jump (Ages 22-29)
9:30 AM	Pentathlon 100M Run Unified Pentathlon 100M Run
9:45 AM	100M Run (Ages 8-11) Running Long Jump (Ages 16-21) Softball Throw & Turbo Jav (Ages 30+)
10:00 AM	25M Walk
10:15 AM	100M Run (Ages 12-15) Running Long Jump (Ages 30+)
10:30 AM	Softball Throw & Turbo Jav (Ages 22-29)
11:00 AM	100M Run (Ages 16-21) Pentathlon Running Long Jump Unified Pentathlon Running Long Jump
11:30 AM	Unified Running Long Jump 50M Walk
11:45 AM	100M Run (Ages 22-29)
12:00 PM	Softball Throw & Turbo Jav (Ages 8-15)
12:30 PM	100M Run (Ages 30+)
1:15 PM	Unified 100M Run Tennis Ball Throw
1:30 PM	4x100M Relay (Ages 22+)
2:15 PM	4x100M Relay (Ages 8-21)

Please Note: All start times **are approximate**; events may run up to 30 minutes ahead or behind published schedule.

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Track and Field Map



Turbo Jav, Softball & Tennis ball throw will take place inside the Track

Competition Staging Tents:

- Tent 1: Male Track Staging Tent
- Tent 2: Female Track Staging Tent
- Tent 3: Field Events Staging Tent
- Tent 4: Wheelchair, Assisted Walks
- Tent 8: Field Staging—Throwing Events Tent

Awards Tents:

- Tent 5: Awards Tent for Track Awards
- Tent 6: Awards Tent for Track Awards
- Tent 7: Awards Tent for Field Awards

Shade Tents:

- Tent 10: Track Shade Tent
- Tent 11: Medical Tent
- Tent 12: Volunteer Registration (Volunteers Only! Not to be used as a shade tent)
- Tent 13: Lunch Distribution

****Please refer to the "Staging Information Page " to see which tent your events are staged.

Staging Information

Track Staging: Webster Field outside McCurdy Track

Male Staging Tent #1

Male Athletics 100M Dash
Male Athletics 100M Walk
Male Athletics 1500M Run
Male Athletics 1500M Walk
Male Athletics 25M Walk
Male Athletics 200M Dash
Male Athletics 3000M Walk
Male Athletics 3000M Run
Male Athletics 400M Dash
Male Athletics 400M Walk
Male Athletics 50M Walk
Male Athletics 50M Dash
Male Athletics 800M Dash
Male Athletics 800M Walk
Male Athletics 4x100M Relay
Male Unified 4x100M Relay
Male Unified 50 M Dash
Male Unified 100M Dash
Male Unified 200M Dash

Wheelchair Tent #4

M/F Athletics 10M Assisted Walk
M/F Athletics 10M Wheelchair Race
M/F Athletics 100M Wheelchair Race
M/F Athletics 25M Assisted Walk
M/F Athletics 25M Wheelchair Race
M/F Athletics 25M Motor WC Obstacle Race
M/F Athletics 30M Wheelchair Slalom
M/F Athletics 50M Assisted Walk

Field Staging Tent #3

M/F Athletics High Jump
M/F Athletics Running Long Jump
M/F Athletics Standing Long Jump
M/F Athletics Unified Long Jump
M/F Athletics Pentathlon
M/F Athletics Unified Pentathlon

Field Staging- Throwing Events Tent # 8

M/F Softball Throw
M/F Tennis Ball Throw
M/F Turbo Jav
M/F Shot Put
M/F Unified Shot Put
M/F Wheelchair Shot Put

Female Staging Tent #2

Female Athletics 100M Dash
Female Athletics 100M Walk
Female Athletics 1500M Run
Female Athletics 1500M Walk
Female Athletics 25M Walk
Female Athletics 200M Dash
Female Athletics 3000M Walk
Female Athletics 3000M Run
Female Athletics 400M Dash
Female Athletics 400M Walk
Female Athletics 50M Walk
Female Athletics 50M Dash
Female Athletics 800M Dash
Female Athletics 800M Walk
Female/Coed Ath. 4x100M Relay
Female/Coed Unif. 4x100M Relay
F /Coed Unified 50 M Dash
F / Coed Unified 100M Dash
F /Coed Unified 200M Dash

Track and Field Team

Field Management Team:

State Liaison:	Matt Ruxton
State Liaison:	Jen Maitland
Event Director:	Dara Colleary
Event Director:	Bruce Hannon
Competition Chair:	Stacey White/Tom Kostizak
Field Coordinator:	Mary Clark
High Jump Official:	Greg Murphy
Long Jump Head Official:	Greg Murphy
Shot-put Head Official:	Sara Martinian
Softball Throw Coordinator:	Dan Smith
Staging Director:	Bill Formosi /Kyle Moran
Awards Director:	Warren Kennedy/Karen Curry
Awards Director:	Jay Lichtenstein

Track Management Team:

State Liaison:	Matt Ruxton
State Liaison:	Jen Maitland
Event Director:	Dor Colleary
Event Director:	Bruce Hannon
Competition Chair:	Stacey White/Tom Kostizak
Track Coordinator:	Mary Clark
Head Officials:	Bob Muldoon/Jim Pennington Greg Murphy
Start Line Coordinator:	Jim Pennington
Pentathlon Director:	Ed Moy
Track Wheelchair Director:	Rita Stokinger
Staging Directors:	Kyle Moran /Bill Formosi/Ben Kulas
Staging Directors:	Keith Dukat/Kasey Ryan/Jill Goudreau
Awards Director:	Warren Kennedy/Karen Curry
Awards Director:	Jay Lichtenstein

Important Information

Field Updates and Information:

1.) Field Staging will be conducted out of the tents marked “Field Staging ,” and “Wheelchair Staging.”

Please reference Staging Information page to see which events are staged out of which tent.

Track Updates and Information:

1.) **NO COACHES, PARENTS AND/OR SPECTATORS ARE ALLOWED INSIDE OF THE TRACK WE WILL HAVE SEATING IN THE BLEACHERS AS WELL AS STANDING ROOM AVAILABLE AGAINST THE FENCE. THE ONLY PEOPLE ALLOWED INSIDE THE TRACK ARE ATHLETES, OFFICIALS, WORKING VOLUNTEERS AND SOMA STAFF.**

2.) **Attention all Coaches:** Athletes will have fifteen (15) minutes from the time their name is called to be staged with their heat and ready to compete. If you have an athlete that missed their heat because they were not at the staging tent fifteen (15) minutes after the heat was called, then that athlete can compete in an open heat but he/she will only receive a participant ribbon. In the unlikely event where your athlete is late due to an overlapping competition, please have an assistant coach inform the staging area before the heat is called.

3.) All athletes should arrive at the staging tent thirty (30) minutes prior to scheduled competition. Once athletes have checked in, coaches, parents and chaperones are to proceed to the stands and are not permitted inside the competition area. At the conclusion of each race, athletes will be escorted to the awards area where they may rejoin coaches, parents and chaperones after the presentation of awards.

4.) All wheelchair, assisted walks and walks under 50M will be staged out of Shade tent on far side of the track

THE HONEST EFFORT OR SANDBAGGING RULE WILL BE ENFORCED at this year’s State Tournament for both Athletics and Aquatics. If a Competition Manager determines that an athlete has not competed with maximum effort in preliminary and/or divisioning rounds with the clear intent to gain an unfair advantage in the divisioning process, he/she has the right to sanction that athlete. If the athlete improves his/her time or distance by 25% it will result in disqualification based on ‘unsportsmanlike conduct’ and that athlete will receive a participation ribbon.

Sunday Track Schedule

Time	Sunday Schedule
8:00 AM	100M Walk Pentathlon Shot-Put Unified Pentathlon Shot-Put
8:15 AM	Shot-Put (Ages 16-21)
8:30 AM	50M Run (Ages 8-15)
9:00 AM	50M Run (Ages 30+) Wheelchair Shot-Put
9:30 AM	50M Run (Ages 16-29) Pentathlon High Jump Unified Pentathlon High Jump Shot-Put (Ages 8-11)
10:00 AM	800M Walk
10:15 AM	800M Run Shot-Put (Ages 12-15)
10:30 AM	400M Walk High Jump Unified High Jump Standing Long Jump (Ages 8-21)
11:00 AM	Shot-Put (Ages 22-29)
11:15 AM	400M Run
11:30 AM	Unified Shot-Put Standing Long Jump (Ages 22+)
12:00 PM	Shot-Put (Ages 30+)
12:30 PM	Pentathlon 400M Unified Pentathlon 400M
1:00 PM	Unified 200M Run
1:45PM	200M Run

Please Note: All start times **are approximate**; events may run up to 30 minutes ahead or behind published schedule.

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