

Sarah Kaczynski
Athlete Spotlight

Sarah Kaczynski has been a Special Olympics athlete for 12 years. She participates in gymnastics training and competitions with Gymnastics Learning Center.

Sarah decided to become an athlete because she enjoys competing and hanging with her friends. She practices her routines often at home and for one hour each week at the gym. Sarah enjoys being a Special Olympics athlete because she can be with her friends and learn new routines. When asked what the most important thing for her when competing is, she replied, "To not be nervous."

Sarah is part of the School to Work Component at Mercy Centre. She works at a food pantry, delivers for the Meals on Wheels program, makes address labels at the Red Cross, and cleans at the Christopher Heights Beauty Salon. In her free time, Sarah enjoys dancing, watching movies and singing.

Sarah has many accomplishments to be proud of including losing over 30 lbs. and taking tap, ballet, and hip hop dance.

Sarah recommends becoming a Special Olympics athlete to others because it's fun and good exercise. When asked if she had anything else she would like to add, Sarah responded, "I love my coaches and my friends."

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